

Porter Pride Wrestling - Feb/Mar/Apr 2025 Updated 021825

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---------------------------------------|---|--|---|--|--|
| <p>Serious Practice makes Serious Champions! Participate to your fullest!</p> | <p>17 No School</p> | <p>18 Practice 300-430 1st Practice <i>Dress Appropriately</i></p> | <p>19 Practice 300-430 Waiver and fees must be turned in.</p> | <p>20 No Practice Dance, Dance, Dance</p> | <p>21 Practice 300-430 Run by Coach Shep</p> | <p>Do your homework and keep your grades up.</p> |
| <p>What are your season goals and what are you doing to acheive them EVERY DAY?</p> | <p>24 Practice 300-430</p> | <p>25 Practice 300-430</p> | <p>26 400-600 Wrestling @ Hellgate Building #4 vs H Gt /M Hill</p> | <p>27 Practice 215-330</p> | <p>28 Practice 300-430</p> | <p>Exercise at Home 50 Pushups 50 Sit-ups 25 Burpees Each day!</p> |
| <p>Coaches; Blake Love BLove@mcpsmt.org 406 880-8643</p> | <p>3 (March) Practice 300-430</p> | <p>4 Practice 300-430</p> | <p>5 Practice 300-430 ** Set Up Concert in Gym After</p> | <p>6 3:00 - 5:00 Wrestling @ Porter vs Target Range</p> | <p>7 Practice 300-430</p> | <p>Proper nutrition is a must for wrestlers. Take pride in your body and your health.</p> |
| <p>Nick Shepherd Kasey Marks Scott Edge Sander Tollefson Rob Domenech</p> | <p>10 Practice 300-430</p> | <p>11 330-500 Wrestling @ CSP vs Corvallis</p> | <p>12 Practice 300-430 ** Set Up Concert in Gym After Practice</p> | <p>13 200-730 Wrestling @ Frenchtown vs Dual Meet Tourney **More info to follow.**</p> | <p>14 No Practice</p> | <p>March 15 Spring Break Begins</p> |
| <p>March 23 Spring Break Ends</p> | <p>24 Practice 300-430</p> | <p>25 Practice 300-430</p> | <p>26 Practice 300-430</p> | <p>27 400-600 Wrestling @ CSP vs Hellgate & Washington</p> | <p>28 Practice 300-430</p> | <p>Work hard in all that you do and life will fall into place much easier and better. EFFORT IS KEY</p> |
| <p>Additional Coaches</p> | <p>31 Practice 300-430</p> | <p>1 (April) Practice 300-430</p> | <p>2 400-7:30ish All City @ Hellgate Elem/Middle School (End of Season)</p> | <p>3</p> | <p>4</p> |  |